

1- The first file must be named (Title page) (size 14, Time new Roman), include:

- **(Type of Article, size 12, Times New Roman)** Ex. Research Article, Review, case study
- **(Author names, size 12, Times New Roman)**
- **(Affiliation of the authors, size 12, Times New Roman)**
- **Running title (size 12, Times New Roman).** It includes the short title from the main title
- **Corresponding author (size 12, Times New Roman);** It includes the author who is responsible for contact with the Journal. You need to add the affiliation, email, and ORCID (if available) of the corresponding author
- **Author contributions.** It includes the first letter from the name of the author who participated in any of the following subtitles. **Conceptualization, Methodology, Formal analysis, Investigation, Supervision, Resource, and Writing**

EX;

- **In case of one author: Ali Jabber Twfeeq**

Conceptualization: A.J.T., Methodology: A.J.T., Formal analysis, A.J.T., Investigation: A.J.T., Supervision: A.J.T., Resource: A.J.T., Writing: A.J.T.

- **In case of two authors: Ali Jabber Twfeeq and Kene Florse Surden**

Conceptualization: A.J.T., Methodology: A.J.T. and K.F.S., Formal analysis, K.F.S., Investigation: A.J.T., Supervision: A.J.T., Resource: K.F.S., Writing: A.J.T.

- **In case of more than two authors: Ali Jabber Twfeeq and Kene Florse Surden, etc.**

You need to distribute the name (first letter) based on its role in the manuscript.

2. The second file must be named (Manuscript with author) (size 14, Times New Roman), include:

- The first page of this file must contain the same information of as that in the Title page (You can take a copy of the title page)
- All lines of the manuscript from the Abstract to the end of the manuscript must be double-spaced with a line number.
- Starting from the second page, you need to include an abstract, introduction (must consist of the aim of the study at the end), Materials and Methods, Results, Discussion, Conclusions, Statement and Declaration, and Reference list.

1- Abstract (size 12, Times New Roman)----- No more than 250 words. It must be structured into:

Background (aim must be included)

Methods:

Results:

Conclusions:

- **Keywords (size 12, Times New Roman):** 3-6 keywords with a semi-comma between them

2- Introduction (size 12, Times New Roman)----- Cited reference in square bracket [] and not ().

The aim of the study is at the end of the introduction

3- Materials and Methods (size 12, Times New Roman)--- Includes subtitles of:

- Patients (with inclusion and exclusion criteria), and/or Organisms.
- Assay (Ex, ELISA, biochemical assay, and/or other assays).
- Ethical approval: it must include the date and the No. of an ethical document.

4. Statistical Analysis

4- Result (size 12, Times New Roman)

- The tables must be added after the reference list and not within the results.

Figures must be separated from the manuscript in another file which must be named Figures and uploaded as a figure file. Do not include figures within the manuscript.

5- Discussion (size 12, Times New Roman)

6- Conclusions (size 12, Times New Roman)

7- Statements and Declarations: (size 12, Times New Roman)

This statement include;

- **Funding:** Decelerate if there is any funding for this study, and if not, you can use the statement “There is no funding for this research”
- **Conflict of interest:** Decelerate if there is any conflict of interest with any organization or person to this study, and if not, you can use the statement “The authors state that there is no conflict of interest”.
- **Availability of data and material:** Decelerate if you use data from other sources or data not included in this study, and if not, you can use the statement “Not applicable”.
- **Code availability:** Decelerate if you use any code for your data in this study, and if not, you can use the statement “Not applicable”.
- **Consent to participate:** Please read the guidelines for authors
- **Declaration of patient consent:** Please read the guidelines for authors.
-

8- References (size 12, Times New Roman) ----- Please read the guidelines for authors. The reference is in number within the text, referring to its needs. It must be in square brackets [] and not (). If there are more than 6 authors, you must include the first 6 and follow with et al., and if there are fewer than 6 authors, you must include all author names.

Ex.

- Garonzi C, Maguolo A, Maffei C. Pros and Cons of Current Diagnostic Tools for Risk-Based Screening of Prediabetes and Type 2 Diabetes in Children and Adolescents with Overweight or Obesity. *Hormone Research in Paediatrics*. 2023;96(4):356-65.
- Gopalan A, Mishra P, Alexeeff SE, Blatchins MA, Kim E, Man AH, et al. Prevalence and predictors of delayed clinical diagnosis of Type 2 diabetes: a longitudinal cohort study. *Diabetic Medicine Journal*. 2018;35(12):1655-62.

9- Figure legends: Figures should be uploaded in separate files and add just the title of the figures.

3. The third file must name (Anonymized manuscript or manuscript without author) (size 14, Time new Roman), include:

The same information as the second file (manuscript with author), except delete the information of the first page, which includes author information, and just keep the title of the manuscript. Also, delete the statement and declaration information.

4. The fourth file must be named Cover letter

It includes the main aim of the study, a statement that the manuscript has not been submitted or is under consideration by any other journals, and that all cited data are properly attributed. The name and address of the corresponding author must be included at the end of this letter.